

The 29er UK Class Association's Safeguarding Policy, Procedures and Guidance

This document has been adapted from that produced by the RYA Safeguarding Team for use by RYA Affiliated Organisations and Recognised Training Centres. The document is based upon the RYA's understanding of best practice as at the date of this version.

Updated	Author	Details
23 July 2025	Helen Ahlheid	2.0 First version (adapted from RYA)
03 Feb 2026	Helen Ahlheid	2.1 Modified Referral Process; Removed and created separate Referral Form; Removed and created separate Guidance for Coaches and Volunteers; revised CMG contact

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Part 1: Safeguarding Policy Statement for the 29er UK Class Association

England and Wales: *This policy refers to a child as anyone under the age of 18 as defined by the Children Act 1989 and an Adult at Risk as anyone aged 18 or over, who is in need of care or support, and who, because of those needs, is unable to always safeguard themselves as defined by the Care Act 2014.*

Northern Ireland: ***This policy refers to a child as anyone under the age of 18 as defined by The Children (Northern Ireland) Order 1995 and an Adult at Risk is defined as a person aged 18 or over, whose exposure to harm through abuse, exploitation or neglect may be increased by their personal characteristics (age, physical or mental disabilities, special educational needs, any illness, mental or physical they may have) or life circumstances (isolation or loneliness, finances and work and living conditions)***

Scotland: *Within this policy, the term 'child' or 'children' refers to persons who have not yet attained the age of 18 years as stated in section 97(1) of the Children Act 2014. Adults at risk are defined as those aged 16 years and over who: are unable to safeguard their own wellbeing, property, rights or other interests and are at risk of harm and because they are affected by disability, mental disorder, illness or physical or mental infirmity, are more vulnerable to being harmed than adults who are not so affected*

The 29er UK Class Association is committed to safeguarding all children, young people and adults at risk taking part in its activities from abuse and harm and ensuring their wellbeing. The 29er UK Class Association recognises that the safety, welfare and needs of children, young people and adults at risk are paramount and that any person, irrespective of their age, disability, race, religion or belief, marital status, sex, gender identity, sexual orientation or social status, has a right to protection from discrimination, victimisation and abuse.

The 29er UK Class Association takes all reasonable steps to ensure that, through safe recruitment, appropriate operating procedures, and training, it offers a safe and fun environment to everyone taking part in 29er UK Class Association events and activities.

The 29er UK Class Association recognises that it has a legal duty of care¹ to safeguard children, young people and adults at risk.

The 29er UK Class Association is committed to minimising risk and supporting venues, programmes, events and individuals to deliver a safe, positive and fun boating experience for everyone by creating a welcoming environment, both on and off the water, where everyone can have fun and develop their skills and confidence. The 29er UK Class Association will treat everyone with respect, celebrate their achievements, listen to their views and experiences and provide opportunities for everyone to fulfil their potential and be their authentic selves.

¹<https://www.gov.uk/government/publications/working-together-to-safeguard-children>

The 29er UK Class Association will:

- Ensure that all individuals who work or volunteer with children, young people and adults at risk provide a positive, safe and enjoyable experience.
- Ensure that there is an RYA registered, Class Welfare Officer with the necessary skills and training who will take the lead in dealing with all safeguarding concerns with support from the RYA Safeguarding Team
- Ensure that the Class Welfare Officer name and contact details are known to all employees, volunteers, members and participants
- Respond swiftly and appropriately to all complaints and concerns about poor practice or suspected abuse, referring to the RYA and external agencies as necessary
- Ensure that all information regarding safeguarding referrals is stored securely and confidentially
- Ensure that all those who work or volunteer with at risk groups have been recruited using safe recruitment practices and includes the appropriate criminal records disclosure checks
- Report any concerns raised involving RYA staff, volunteers and credential holders to the RYA Safeguarding Team
- Regularly review its safeguarding procedures and practices in the light of experience, to take account of legislative, social or technological changes or where there is a change of management as required.
- Cooperate where necessary with multi-agency investigations and enquiries relating to serious case reviews involving children, young people and adults at risk, if there is an association with the sport and or recreation

This policy will be reviewed by the 29er UK Class Association committee at least every three years, or sooner if there are relevant changes to legislation or management.

The 29er UK Class Association recognises that **EVERYONE has the right to be safeguarded and we must **ALL** take responsibility to ensure it.**

Part 2: Safeguarding Guidance

2.1 Types of Abuse

For a definition of each of these types of abuse, please see definitions in **Appendix 1**. They were obtained from the Child Protection in Sport Unit website: [Child abuse in a sports setting](#)

1. **Children and Young People²**

Abuse can be neglect, physical, sexual or emotional and also covers bullying.

2. **Adults**

The Care Act recognises 10 categories of abuse that may be experienced by adults: self-neglect, modern slavery, domestic abuse, discriminatory abuse, organisational abuse, physical abuse, sexual abuse, financial or material abuse, neglect and acts of omission, emotional or psychological abuse.

Four Additional Types of Harm:

There are four additional types of harm that are not included in The Care Act, but they are also relevant to safeguarding – cyber bullying, forced marriage, mate crime and radicalisation.

Other Safeguarding Considerations

These include extremism, non-recent abuse, forced marriage self-harm, gangs and county lines and female genital mutilation (FGM)

2.2 Glossary of Terms

A glossary of the terms used in this document can be found at the end of this document. See **Appendix 2**

2.3 Safeguarding Legislation and Associated Policies

Safeguarding is governed by several different legislations and guidance. This will vary depending on the country within the UK. The following table outlines the different legislation and guidance (with links) for each Home Country.

	Key Legislation for Adults at Risk	Key Legislation for Children and Young People
England	<ul style="list-style-type: none"> ○ The Care Act 2014 ○ Care and Support Statutory Guidance (especially chapter 14) 2014 	<ul style="list-style-type: none"> ○ The Children Act 1989 ○ Keeping Children Safe in Education 2019 ○ Working Together to Safeguard Children 2018 ○ Children and Families Act 2014 ○ The United Nations convention on the Rights of the Child 1992
Northern Ireland	<ul style="list-style-type: none"> ○ Adult Safeguarding Prevention and Protection in Partnership 2015 	<ul style="list-style-type: none"> ○ The Children (Northern Ireland) Order 1995 ○ The Safeguarding Board Act (Northern Ireland) 2011 ○ The Children's Service's Co-operation Act (Northern Ireland) 2015 ○ Co-operating to Safeguard Children and young people in Northern Ireland (Department for Health, 2017) ○
Scotland	<ul style="list-style-type: none"> ○ Adult Support and Protection Act 2007 ○ Adult Support and Protection (Scotland) Act 2007 	<ul style="list-style-type: none"> ○ The Children (Scotland) Act 1995 ○ Statutory Guidance on Children's Services Planning ○ National Guidance for Child Protection in Scotland ○ Getting it Right for Every Child 2015 ○ Children and Young Peoples Act 2007
Wales	<ul style="list-style-type: none"> ○ Social Services and Well Being Act 2014 ○ Wales Safeguarding Procedures 2019 	

The 29er UK Class Association class association refers to the current relevant RYA guidance and policies for the following:

- Data Security
- Complaints

- Recruitment
- RYA Changing Room poster
- Case Management Guidance

Code of Conduct

Please see attached at the end of this policy.

Changing Rooms

Whilst recognising that the 29er UK Class Association does not have their own club or venue, the 29er UK Class Association will endeavour to ascertain that the host club follows the changing room guidance issued by the RYA to ensure that there is safe use of changing rooms / toilet areas.

2.4 Useful Contacts

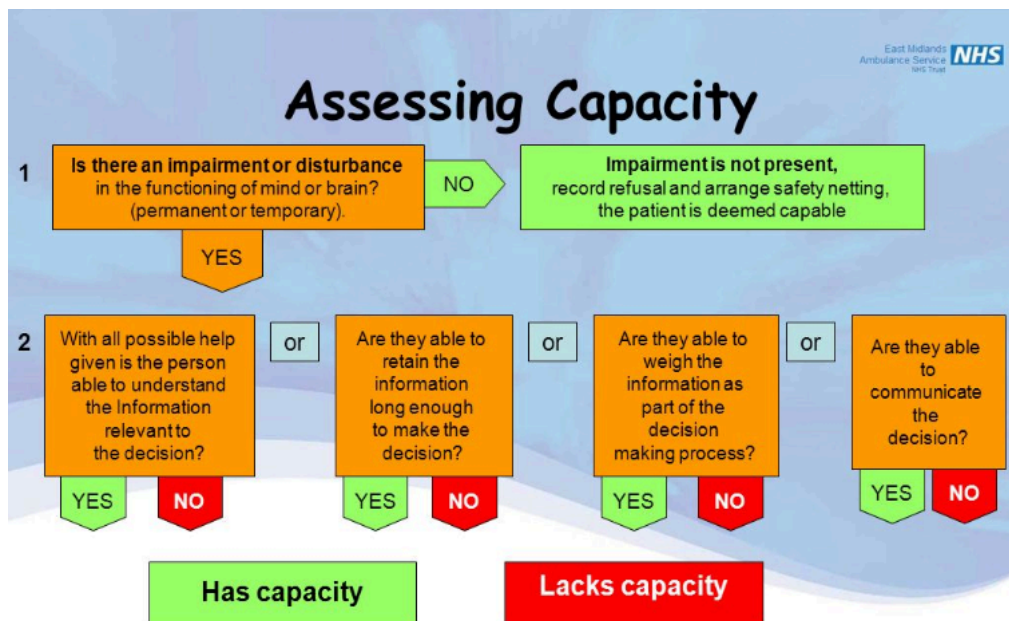
Class Welfare Officer	Helen Ahlheid E-mail welfare@29ersailing.org.uk
Deputy Safeguarding Lead	Doug Walker(Class Chair) Email chairman@29ersailing.org.uk
RYA HQ Safeguarding Team - Andrea Gates	Tel: 02380 012796 Ext 1 E-mail: safeguarding@rya.org.uk
RYA Cymru Wales – James Stuart	Tel: 02380 012796 Ext 1 E-mail: safeguarding@rya.org.uk
RYA Northern Ireland – Greg Yarnall	Tel: 02380 012796 Ext 1 E-mail: safeguarding@rya.org.uk
RYA Scotland – Liza Linton	Tel: 0131 317 7388 Mob:07770 604234 E-mail: liza.linton@ryascotland.org.uk

External Organisations:

NSPCC	https://www.nspcc.org.uk/
NSPCC Whistleblowing Advice Line	0800 028 0285 / help@nspcc.org.uk
CPSU	https://thecpsu.org.uk/
Ann Craft Trust	https://www.anncrafttrust.org/
MIND	https://www.mind.org.uk/
Young Minds	https://www.youngminds.org.uk/
Children 1st	https://www.children1st.org.uk/
Samaritans	https://www.samaritans.org/

Child Protection Scotland	https://www.childprotection.scot/
Emergency Services	999
Police Non-Emergency	101
NHS – Non-Emergency	111
NIAMH	https://www.communityni.org/node/45757
SAMH Scotland	https://www.samh.org.uk/

2.5 Assessing Capacity



If the answer to 1. Is YES and the answer to any of 2. Is NO, then the person lacks capacity under the Mental Capacity Act 2005.

If the victim is not able to consent or refuse treatment, there is a duty to make a best interest decision about whether to treat the patient.

You must:

- Involve the person who lacks capacity to the fullest extent possible
- Have regard for past and present wishes and feelings, especially written statements
- Consult with others who are involved in the person's care
- Not be discriminatory
- Choose or decide on the least restrictive option
- Take into consideration the benefits and burdens to the person

Part 3: Safeguarding Procedures for Affiliated Clubs, Class Associations and Recognised Training Centres

3.1 29er UK Class Association Safeguarding Reporting Procedure

The following reporting procedures align with the Reporting Procedure in the RYA Safeguarding Policy and the RYA Case Management Guidelines.

3.1.1 Stage 1 - Referral Process

Is there is an immediate risk to a child, young person, adult or adult at risk?

If the answer is YES,

- **Immediate Safety Concerns:** Contact the emergency services (999) immediately according to need
- **Immediate Welfare Concerns:** Contact the Class Welfare Officer who will discuss with you the appropriate action (see Stage 2 below), or if immediate risk of harm and you need an urgent response, the emergency services should be contacted.

If the answer is NO, but there is still a less urgent risk,

- **Ongoing Welfare Concerns** Contact the Class Welfare Officer who may ask you to complete the Safeguarding Referral Form. You may find it useful to keep written notes you can present, if the concern is over a repeated occurrence of a situation. You can pass your records to the WO in person, by email or by phone. Your written notes must be kept confidential if held by you.

WO makes notes and advises of the next steps. You will not necessarily hear the full outcome of their/RYA investigation. You can ask for a follow up and if you do not believe it has been dealt with, you can contact safeguarding@rya.org.uk. You should not discuss any details of the disclosure or concern with anyone else.

The WO will contact RYA Safeguarding to assist in any investigations where the following criteria is met:

- The 29er UK WO does not have the expertise or skill set required to undertake the investigation, or
- The 29er UK WO is under a conflict of interest
- Welfare Concerns are against RYA Staff, Volunteers or Credential Holders

3.1.2 Stage 2 – Responsibilities, Assessment and Action

The Class Welfare Officer is responsible for assessing all safeguarding concerns / disclosures that are reported to them and collaborating with the RYA Safeguarding Team to follow up as appropriate on a case by-case basis, always prioritising the well-being of all those involved in the disclosure.

Concerns will be categorised as Advice, Level 1, or Level 2 (see below).

Breaches of the Safeguarding Policy

Where there are concerns that this safeguarding policy has not been followed, or there is a safeguarding concern, all members, volunteers, staff and participants are encouraged in the first instance, to contact the Class Welfare Officer on 07876 345555 or by email at welfare@29ersailing.org.uk. If further support or guidance are required, the RYA Safeguarding Team can be contacted on 02380 012796 / safeguarding@rya.org.uk. Alternatively the NSPCC Whistleblowing advice line can be contacted on 0800 028 0285 or help@nspcc.org.uk

Breaches of this Safeguarding Policy and/or failure to comply with the outlined responsibilities within it may result in disciplinary action in accordance with the 29er Class Association's Misconduct and Resolution policy.

Class Responsibilities in general

The 29er UK Class Association Committee has overall accountability for this Policy and for its implementation

The Class Welfare Officer for the 29er UK Class Association is responsible for updating this Policy in line with legislative and organisational developments.

The **Safeguarding Case Management Group** is responsible for advising and making recommendations on safeguarding cases, in line with this Policy.

All staff, volunteers, members and participants are responsible for raising safeguarding concerns/disclosures with the Class Welfare Officer as outlined in the Referral Process.

The Class Welfare Officer with support from Class Committee Members is responsible for ensuring appropriate safeguarding training is put in place, specifically for those deemed to be in regulated activity with vulnerable groups and kept up to date with any safeguarding developments.

Class Responsibilities where there is a safeguarding concern/disclosure

The individual who is told about, hears, or is made aware of the concern/disclosure is responsible for following the Referral Process.

The Class Welfare Officer is responsible for assessing all safeguarding concerns/disclosures that are reported to them and collaborating with the RYA

Safeguarding Team to follow up as appropriate on a case-by-case basis, always prioritising the well-being of all those involved in the disclosure. Dependent on the concern/disclosure, a referral may be made to:

- The police in an emergency (999)
- Local Authority Children's Social Care Services for concerns / disclosures about a child
- For referrals involving adults at risk - Local Authority Adult Social Care Services for concerns / disclosures about an adult at risk
- For referrals involving children and young people - Local Authority Designated Officer (LADO) (England; Wales); and the Criminal Records Disclosure Service³ for concerns / disclosures about a member of staff, consultant, coach, official or volunteer in a Position of Trust.
- The RYA Safeguarding Team for all Level 1 and Level 2 categorised concerns

All safeguarding records are categorised to a level accordingly:

Advice	Any concern which does not meet the threshold for Levels 1 or 2 and involves seeking support or guidance for a specific matter. Advice cases can often escalate depending on the situation.
Level 1	Any concern about a named adult or child's behaviour towards a child or adult at risk that does not meet the allegation threshold or is not otherwise serious enough to consider a referral to the Police, LADO, and or Children or Adult Services of a Local Authority. Concerns may arise from both within the sport and outside of it.
Level 2	Any concern that meets the threshold for a referral to the Police, LADO, and or Children or Adult Services of a Local Authority. Alongside this an internal rating system can also be used of Low, Medium and High.

The threshold criteria outlined above is underpinned by guidance provided by the Child Protection in Sport Unit (CPSU).

Data Management and Storage

Highly sensitive information contained within safeguarding case records is restricted to the Class Welfare Officer. If the Case Management Group is convened, information pertaining to the concern will be shared securely and confidentially.

All case records are stored in line with the RYA **Data Storage and Privacy Policies** and relevant national legislation and guidance.

Advice	All advice case data is stored for 5 years from the date the referral was received.
Level 1	All level 1 case data is stored for 10 years from the date the referral was received.

Level 2 All level 2 case data is stored for **90 years** from the date of birth of the subject of concern.

Case records are deleted / destroyed after the retention period set out above, unless the Class Welfare Officer decides that there is a reason to retain the information for a longer period.

Case Management Group

The Case Management Group (CMG) is convened when a Level 2 referral is received. The group can also be convened if a Level 1 referral is serious enough in nature. The group can consist of any of the following members depending on where the referral originates from.

Name	Role / Position
Helen Ahlheid	Class Welfare Officer
Doug Walker	Class Chair
Jeni Richards	General Secretary
Lee Sydenham	Safety Officer
Melissa Heppell	Marketing Officer

The CMG is responsible for:

- Ensuring that all allegations, incidents, or referrals related to the safeguarding of children and adults are dealt with in accordance with the 29er UK Class Association and RYA policies with appropriate timescales.
- Making recommendations to the appropriate decision-making body regarding the appropriate steps to be taken.
- Reading and understanding the RYA's Case Management Guidance. Each CMG member has access to a copy (provided by the CWO).

External Assistance

The CMG may choose to appoint an external independent body to assist in any investigations where the following criteria is met:

- The 29er UK Class Association does not have the expertise or skill set required to undertake the investigation
- The 29er UK Class Association is under a conflict of interest
- The case is so complex by nature that a third party would be necessary to support / undertake the investigation

In the case where the CMG chooses to instruct an independent body, it reserves the right to choose whichever independent body it deems most suitable given the circumstances. The CMG will make such a decision on a case-by-case basis.

- Where any position amounts to "regulated activity"⁴ with children and or adults at risk an appropriate disclosure check will be carried out which will include the Adults Barred List and Children's Barred List where appropriate,
- Successful applicants in England and Wales will be encouraged to register with the DBS Update Service.
- Additional checks will be carried out if the applicant has lived or worked outside of the UK (certificate of good conduct, certificate of Sponsorship).

Dealing with a Safeguarding Disclosure & Information Sharing

If someone confides a Safeguarding issue to you it can be very difficult to know how to deal with it and what to do next. Please see the separate document '**29er Safeguarding for Coaches and Volunteers**' for comprehensive guidance and information.

3.2 Safe Recruitment & Criminal Records Disclosure Checks

The 29er UK Class Association is committed to ensuring that only those with the right motivations and suitability are recruited into positions involving regular contact with children, young people and adults at risk within its work and volunteer force. The 29er UK Class Association understands its legal responsibility within the Safeguarding Vulnerable Groups Act 2006, to ensure that all its staff and volunteer recruitment practices are safe, fair and equal and allows it to identify, deter and reject staff or volunteers who may be at risk of abusing vulnerable groups.

As part of its safe recruitment practices, the 29er UK Class Association carries out criminal records disclosure checks using the RYA as an umbrella body on all staff and volunteers aged 16 or over who are deemed to be in regulated activity. If a person is deemed to be in regulated activity, the Disclosure Coordinator or Class Welfare Officer will initiate and carry out the required level of check.

The 29er UK Class Association will:

Ensure the best possible staff and volunteers are recruited based on their merits, abilities and suitability for the position.

Ensure that all applicants are considered equally and consistently, and that no applicant is treated unfairly based on any protected characteristics in compliance with the Equality Act 2010⁴.

Comply with all relevant legislation, recommendations and guidance including the statutory guidance published by the DfE (keeping children safe in education, the PREVENT Duty guidance) and any codes of practice published by any of the disclosure service providers.

Meet its commitment to safeguarding and promoting the welfare of children, young people and adults at risk by carrying out all necessary pre-employment checks.

⁴<https://www.legislation.gov.uk/ukpga/2010/15/contents>

The 29er UK Class Association uses the following safe recruitment practices when recruiting staff and volunteers:

- Advertisements will make clear the 29er UK Class Association's commitment to safeguarding children, young people and adults at risk.
- Application forms are used which contain questions surrounding employment and academic history and a person's suitability for the role which includes the requirement to explain any gaps or discrepancies in the employment or academic history.
- The application form has a declaration regarding convictions and working with vulnerable groups and will make it clear if the post is exempt from the provisions of the Rehabilitation of Offenders Act 1974.
- All role descriptions are clear and concise and accurately set out the duties and responsibilities of the role
- Volunteers will be informed of the expectations of them in carrying out their role
- Where appropriate, two references are requested alongside an offer
- Interviews are face-to-face where possible and will cover the person's suitability for the role.
- For paid roles, applicants who are offered the position will be required to supply proof of their ID in the form of original documents and confirm their right to work within the UK.
- Where any position amounts to "regulated activity" with children and or adults at risk an appropriate disclosure check will be carried out which will include the Adults Barred List and Children's Barred List where appropriate
- Successful applicants in England and Wales will be encouraged to register with the DBS Update Service.
- Additional checks will be carried out if the applicant has lived or worked outside of the UK (certificate of good conduct, certificate of Sponsorship).

3.3. 29er UK Class Association Code of Conduct for Members

All on the water activity should be safe and fun for everyone. We all have a responsibility to role model positive behaviour and feel able to call out poor or inappropriate behaviour and empower others to do the same.

The 29er UK Class Association is committed to providing a culture which is safe, welcoming, and inclusive for everyone who wishes to take part in our activities. It is for this reason we have established a code of conduct, which outlines the standards of behaviour that we expect from everyone participating in our activities and competitions.

As a member of the 29er UK Class Association we expect you to:

- Respect the rights, dignity and worth of every person and treat everyone with respect. • Celebrate diversity in all its forms
- Do not discriminate against anyone based on any protected characteristics
- Always act with integrity
- Do not behave in any way which causes offense or harm to others
- Report poor behaviour or conduct to the 29er UK Class Association
- Familiarise yourself with relevant 29er UK Class Association policies and procedures (Including: Complaints Policy, Safeguarding Policy and Procedures and Equity Policy)
- Respect, Protect and Enjoy our waters by signing up to the [The Green Blue Boating Pledge](#)
- Do not use inappropriate language and always be mindful of banter and how words can also cause harm to others

As a member of the 29er UK Class Association you should expect:

- To be treated with respect by all members • An environment which is free from discrimination, harassment, and victimisation
- Safe spaces and opportunities where you can report any concerns and know they will be investigated in accordance with the 29er UK Class Association constitution, policies and procedures.
- To feel safe and supported to undertake as many 29er UK Class Association activities as you would like.
- To enjoy your sailing and boating however you wish to undertake it.

Failure to adhere to the 29er UK Class Association Code of Conduct may result in the suspension or withdrawal of membership in accordance with the 29er UK Class Association disciplinary policy and procedure.

Appendix 1

Definitions of Types of Abuse

Children and Young People¹¹

Neglect: Neglect is not meeting a child's basic physical or psychological needs. It can have a long-lasting impact on a child's health or development. In sport, examples of neglect could include a coach or supervisor repeatedly:

- failing to ensure children are safe
- exposing children to undue cold, heat or extreme weather conditions without ensuring adequate clothing or hydration
- exposing children to unnecessary risk of injury by ignoring safe practice guidelines
- failing to ensure the use of safety equipment
- requiring young people to participate when injured or unwell

Physical Abuse: When someone deliberately hurts a child causing physical harm it is called physical abuse. It may involve hitting, kicking, shaking, pushing, poisoning, burning, biting, scalding, drowning or any other method of causing non accidental harm. In sport, physical abuse may occur:

- if the nature and intensity of training or competition exceeds the capacity of the child's immature growing body or where coaches encourage the use of drugs or harmful substances to enhance performance or delay puberty
- if athletes are required to participate when injured
- if the sanctions used by coaches involve inflicting pain

Sexual Abuse: Sexual abuse is when a child is forced or persuaded to take part in sexual activities. This may involve physical contact or non-contact activities and can happen online or offline.

Children and young people may not always understand that they are being sexually abused. In sport, coaching techniques which involve physical contact with children can create situations where sexual abuse can be disguised.

An abusive situation can also develop if a person in a position of authority, such as a coach, was to misuse their power. Contacts made within sport and pursued through other routes, such as social media, have been used to groom children for abuse. Sexual abusers can also groom protective adults and organisations to create opportunities for abuse to take place. Child sexual exploitation (CSE) is a type of sexual abuse. When a child or young person is exploited, they're given things, like gifts, drugs, money, status and affection, in exchange for performing sexual activities.

¹¹ The definitions of harm were obtained from the Child Protection in Sport Unit Website: <https://thecpsu.org.uk/help-advice/introduction-to-safeguarding/child-abuse-in-a-sports-setting/>

Children and young people are often tricked into believing they're in a loving and consensual relationship. This is called grooming. They may trust their abuser and not understand that they're being abused.

Emotional Abuse: Emotional abuse is the emotional maltreatment of a child, which has a severe and persistent negative effect on the child's emotional development. In sport, emotional abuse may occur if:

- children are subjected to repeated criticism, sarcasm, name-calling or racism
- a child is ignored or excluded
- children feel pressure to perform to unrealistically high expectations
- children are made to feel like their value or worth is dependent on their sporting success

Bullying: Bullying is when individuals or groups seek to harm, intimidate or coerce someone who is perceived to be vulnerable. It can involve people of any age and can happen anywhere, including at home, school, sports clubs or online.

Bullying encompasses a range of behaviours which are often combined. It might include physical, verbal or emotional abuse, or online cyberbullying.

In sport, bullying can occur based on a young person's sporting ability, body size or shape. It might include name-calling, offensive hand gestures, physical assault or exclusion from team activities.

Adults

The Care Act recognises 10 categories of abuse that may be experienced by adults.

Self-neglect: This covers a wide range of behaviour, but it can be broadly defined as neglecting to care for one's personal hygiene, health, or surroundings. An example of self-neglect is behaviour such as hoarding.

Modern Slavery: This encompasses slavery, human trafficking, forced labour, and domestic servitude.

Domestic Abuse: This includes psychological, physical, sexual, financial, and emotional abuse perpetrated by anyone within a person's family. It also includes so-called "honour" based violence.

Discriminatory Abuse: Discrimination is abuse that centres on a difference or perceived difference, particularly with respect to race, gender, disability, or any of the protected characteristics of the Equality Act.

Organisational Abuse: This includes neglect and poor care practice within an institution or specific care setting, such as a hospital or care home, or in relation to care provided in one's own home. Organisational abuse can range from one off incidents to ongoing

ill-treatment. It can be through neglect or poor professional practice because of the structure, policies, processes and practices within an organisation.

Physical Abuse: This includes hitting, slapping, pushing, kicking, restraint, and misuse of medication. It can also include inappropriate sanctions.

Sexual Abuse: This includes rape, indecent exposure, sexual harassment, inappropriate looking or touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault, or sexual acts to which the adult has not consented or was pressured into consenting.

Financial or Material Abuse: This includes theft, fraud, internet scamming, and coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions. It can also include the misuse or misappropriation of property, possessions, or benefits.

Neglect and Acts of Omission: This includes ignoring medical or physical care needs and failing to provide access to appropriate health, social care or educational services. It also includes the withdrawing of the necessities of life, including medication, adequate nutrition, and heating.

Emotional or Psychological Abuse: This includes threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation, or withdrawal from services or supportive networks.

Four Additional Types of Harm

There are four additional types of harm that are not included in The Care Act, but they are also relevant to safeguarding adults and/or children.

Cyber Bullying: Cyber bullying occurs when someone repeatedly makes fun of another person online, or repeatedly picks on another person through emails or text messages. It can also involve using online forums with the intention of harming, damaging, humiliating, or isolating another person. It includes various types of bullying, including racist bullying, homophobic bullying, or bullying related to 33 special education needs and disabilities. The main difference is that, instead of the perpetrator carrying out the bullying face-to-face, they use technology to do it.

Forced Marriage: This is a term used to describe a marriage in which one or both of the parties are married without their consent or against their will. A forced marriage differs from an arranged marriage, in which both parties' consent to the assistance of a third party in identifying a spouse. The Anti-Social Behaviour, Crime and Policing Act 2014 make it a criminal offence to force someone to marry.

Mate Crime: A "mate crime" is when "vulnerable people are befriending by members of the community who go on to exploit and take advantage of them" (Safety Network Project, ARC). It may not be an illegal act, but it still has a negative effect on the individual. A mate

crime is carried out by someone the adult knows, and it often happens in private. In recent years there have been several Serious Care Reviews relating to people with a learning disability who were seriously harmed, or even murdered, by people who purported to be their friend.

Radicalisation: The aim of radicalisation is to inspire new recruits, embed extreme views and persuade vulnerable individuals to the legitimacy of a cause. This may be direct through a relationship, or through social media.

Other Safeguarding Considerations

Domestic Abuse: Women's Aid define domestic abuse as an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in most cases by a partner or ex-partner, but also by a family member or carer. It is very common. In most cases, it is experienced by women and is perpetrated by men. The Domestic Abuse Act 2021¹² is a new legislation which looks to Raise awareness and understanding about the impact of domestic abuse on victims and their families. It will work to further improve the effectiveness of the justice system in providing protection for victims of domestic abuse and bringing perpetrators to justice and strengthen the support for victims of abuse by statutory agencies.

Extremism: Extremism is vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs. (HM Government Prevent Strategy 2011¹³).

Non-recent Abuse: Abuse that occurred a period of time ago is sometimes referred to as non-recent. For example, an adult might speak about abuse that took place in their childhood.

Self-Harm: Self-harm is when someone deliberately hurts themselves. It can include cutting, burning, hitting or bruising, poisoning, scratching, hair-pulling or overdosing. Adults who self-harm aren't usually trying to commit suicide or looking for attention (although self-harming can result in accidental death). Often, it is a way for the person to deal with overwhelming or distressing feelings and emotions. Self-harming can be an indication of abuse, as some people use self-harm to cope with anxiety, stress and overwhelming emotions.

¹²<https://www.gov.uk/government/publications/domestic-abuse-bill-2020-factsheets/domestic-abuse-bill-2020-overarching-factsheet>

¹³<https://www.gov.uk/government/publications/prevent-duty-guidance/revise-prevent-duty-guidance-for-england-and-wales>

Gangs & County Lines: County lines is a form of criminal exploitation where urban gangs persuade, coerce or force children and young people to store drugs and money and/or transport them to suburban areas, market towns and coastal towns (Home Office, 2018). It can happen in any part of the UK and is against the law and a form of child abuse. Children and young people may be criminally exploited in multiple ways. Other forms of criminal exploitation include child sexual exploitation, trafficking, gang and knife crime.

Forced Marriage: A forced marriage is where one or both people do not or cannot consent to the marriage and pressure or abuse is used to force them into the marriage. Forced marriage is illegal in the UK and is a form of domestic abuse and a serious abuse of human rights.

Female Genital Mutilation (FGM)¹⁴: FGM is when a female's genitals are deliberately altered or removed for non-medical reasons. It's also known as 'female circumcision' or 'cutting' but has many other names. In the UK, this practice is illegal, but sadly still occurs and religious, social and cultural reasons are given to justify this practice.

¹⁴ Definition taken from the NSPCC Website

Appendix 2

Glossary of Terms

Abuse: abuse covers every form of 'abuse', which differs between adults and children. Adult forms of abuse are sexual, emotional, psychological, material, financial, physical, discriminatory, organisational abuse and any acts of omission.

Adult at Risk England: any person aged 18 years and over who is or may be in need of community care services by reason of mental health issues, learning or physical disability, sensory impairment, age or illness and who is or may be unable to take care of him/herself or unable to protect him/herself against significant harm or serious exploitation.

Case Management Group (CMG): the Case Management Group is responsible for ensuring that all allegations, incidents, or referrals related to the safeguarding of children, young people and adults at risk are dealt with fairly and equitably within appropriate timescales. For the RYA the CMG consists of the Safeguarding and Equality Manager, Safeguarding Officer, relevant departmental manager/s representative from the legal team and the Independent Safeguarding Chair.

Club /class Welfare Officer: the designated individual within an affiliated club, recognised training centre or class association who holds the lead responsibility for safeguarding within their setting.

Consent: this is a term generally relating to adult safeguarding. Adults have a general right to independence, choice and self-determination including control over information about themselves. These rights can be overridden in certain circumstances, some examples include if a person lacks mental capacity, a crime has been committed, other people may be at risk, or the risk is unreasonably high.

Disclosure: disclosure is the process by which a child or adult at risk will let someone know that abuse is taking place. This may not happen all in one go and may be a slow process that takes place over a long period of time.

Duty of Care: the duty that rests upon an individual or organisation to ensure that all reasonable steps are taken to ensure the safety of any person involved in an activity for which that individual or organisation is responsible.

LADO: a Local Authority Designated Officer is the designated person within every Local Authority who is responsible for co-ordinating the response to concerns that an adult who works with children may have caused them or could cause them harm.

Multi-Agency Meeting: a multi-agency meeting may take place when a referral has been made to the Police or LADO regarding a child or adult at risk and is a key part of the investigation process.

Position of Trust: an adult is in a position of trust where a young person in their care has some dependency on them and there is an element of vulnerability involved. Referral: a request for help from and/or for an individual from a public body.

Referrer: the person who refers a safeguarding concern to the safeguarding lead, police, LADO or Local Authority.

Risk: the probability of something (e.g., harm to a child) happening. The harsher the damage caused by it happening and the more likely the event, the greater the overall risk.

Significant Harm: the threshold that justifies compulsory intervention in family life in the best interests of children. Whether harm or likely harm suffered by a child is significant is determined by comparing the child's health or development with that which could reasonably be expected of a similar child.

Subject of Concern (SoC): a person who is believed to have acted in a way that has caused harm to a child, young person or adult at risk.

Wellbeing: Section 10 of the Children Act 2004 requires local authorities and other specified agencies to co-operate with a view to improving the wellbeing of children in relation to the five outcomes first set out in "Every Child Matters".

Young Person: a young person is a term used to describe the interim period between childhood and adult, typically between the ages of 14 and 17.

Appendix 3

Further Signposting to RYA and other Guidance

Changing Rooms:

<https://thecpsu.org.uk/media/445544/safe-use-of-changing-facilities-lg-july-2020.pdf>

RYA Changing Room Guidance – please email safeguarding@rya.org.uk for a copy

Media and Communications:

<https://thecpsu.org.uk/help-advice/topics/online-safety/>

<https://thecpsu.org.uk/help-advice/topics/online-safety/#heading-top>

<https://www.anncrafttrust.org/resources/photography-guidance-for-adults/>

Challenging Behaviour:

<https://thecpsu.org.uk/media/2488/managing-challenging-behaviour-review-july-14.pdf>

Information Sharing:

<https://thecpsu.org.uk/help-advice/topics/information-sharing>

<https://www.anncrafttrust.org/share-consent-confidentiality-and-information-sharing-in-mental-healthcare-and-suicide-prevention/>

Safe Event Planning and Execution:

<https://thecpsu.org.uk/media/328759/safe-sport-events-activities-competitions-update-apr-2017.pdf>

Online Safety:

<https://thecpsu.org.uk/help-advice/topics/online-safety/>

<https://www.anncrafttrust.org/how-to-stay-safe-online-guidance-for-adults-and-young-people-with-learning-disabilities/>

Events held in public parks and spaces – additional safeguarding considerations:

<https://thecpsu.org.uk/resource-library/best-practice/events-held-in-public-parks-and-spaces/>

Event Staff – Your Roles and Responsibilities:

<https://thecpsu.org.uk/resource-library/best-practice/event-staff-your-roles-and-responsibilities/>

Safeguarding at Events – Weather Considerations:

<https://thecpsu.org.uk/resource-library/best-practice/safeguarding-at-events-weather-considerations/>

Heatwave Advice:

<https://thecpsu.org.uk/resource-library/best-practice/heatwave-advice-to-event-organisers/>

Away Trips and Hosting:

<https://thecpsu.org.uk/resource-library/best-practice/away-trips-and-hosting/> Transporting

Children and Young People in Your Own Car:

<https://thecpsu.org.uk/resource-library/best-practice/guidelines-on-transporting-a-child-or-young-person-in-your-car/>

Remote Teaching and Coaching:

<https://thecpsu.org.uk/resource-library/best-practice/remote-teaching-and-coaching/>

Virtual Events and Competitions for Children:

<https://thecpsu.org.uk/resource-library/best-practice/virtual-events-and-competitions-for-children/>

Inclusive Coaching:

<https://thecpsu.org.uk/resource-library/best-practice/inclusive-coaching/>

Physical Contact and Young People in Sport:

<https://thecpsu.org.uk/resource-library/best-practice/physical-contact-and-young-people-in-sport/>

A Guide to Safeguarding Adults:

<https://www.anncrafttrust.org/resources/a-guide-to-safeguarding-adults/>

Capacity – Guidance on Making Decisions:

<https://www.anncrafttrust.org/resources/capacity-making-decisions/>

RYA Equality Diversity and Inclusion (EDI) Guidance Documents

- Modern Day Manners – An RYA Guide to Inclusive Language
- RYA Guide to hate Crimes
- RYA Guide to Trans and Non-Binary Inclusion
- RYA Guide to Culture, Religion and Faith
- RYA Community Engagement Guide – A Toolkit to enable Inclusion

Additional RYA Legal Team guidance notes can also be found in Club Zone on the following link.

<https://www.rya.org.uk/network/clubs-and-affiliates/legal-advice/>